



Moma

MOMA! Foods' range of wholesome oatie breakfasts have now been approved by the Vegetarian Society. Their variety of breakfast options are jam-packed with wholegrain oats to give you lasting energy through the morning.

MOMA! Bircher Muesli is a morning blend of fruits, yoghurt and British jumbo oats in three tasty flavours. Their convenient porridge pots and sachets need only boiling water to create a creamy wholesome breakfast. Too rushed to stop and eat in the morning? MOMA! has a new smooth Oatie Shake; packed full of oats, yoghurt and fruit.

Available in Sainsbury's, Waitrose, Tesco, Ocado, Boots or local independents.

www.momafoods.co.uk

Georgia's Choice

Georgia's Choice Mexican Bean Bake was the non-meat ready meal outright winner of the Free From Food Awards 2014. Gently spiced black beans, pinto beans and sweet potato are combined with sweetcorn, red pepper and onion before being coated in a unique crispy gluten-free crumb.

Made by a small, independent British company in Wiltshire passionate about making great tasting food (that happens to be gluten-free) using only certified, high quality, traceable ingredients.

Available in major supermarket freezers for around £2 for a pack of two.

www.georgiaschoice.co.uk



Appy Food and Drinks

Appy Food and Drinks' healthy product range has now been Vegetarian Society Approved. Appy believes in making being healthy more affordable – valuing families before profit.

Using innovative natural ingredients, such as Stevia, they aim to make their products affordable, ethical, and loved by the family.

Appy's Vegetarian Society Approved drinks include low calorie juice cartons in two new flavours: Peppa Pig and Gruffalo fruit drinks.

www.appyco.com

